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ABSTRACT

Intended for parents of handicapped children, the guide is designed to provide information on obtaining guidance and training for individuals served by the Northeast Area Learning Resource Center. Listed are the names and addresses of six national and six state organizations in Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, Rhode Island, and Vermont serving the handicapped. A bibliography of 80 materials is presented on the following topics: general, neurologically impaired, learning disabled and perceptually impaired, mentally retarded, orthopedically handicapped, and autistic. Also provided are a list of directories of facilities for special needs children, a bibliography of books about and for handicapped children, a description of various parent training courses and workshops, a paper outlining educational activities, and a list of places to look for further help. Appended is a list of the abbreviations used in the guide to designate various handicaps and organizations, and enclosed is a user feedback form. (SBH)

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GUIDE TO RESOURCES

FOR

PARENTS OF THE HANDICAPPED CHILD

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PREPARED BY:

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EC091950

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USER FEEDBACK FORM

GUIDE TO RESOURCES
FOR
PARENTS OF THE
HANDICAPPED CHILD

NEALRC would appreciate your feedback to this guide. Please complete the form below and return to: NEALRC, 168 Bank Street, Hightstown, NJ 08520.

Please rate each section as to its effectiveness in providing you with pertinent information. Place check in the appropriate box.

	Excellent	Good	Fair	Poor
Organizations				
Materials for Parents				
Directories of Facilities for Special Needs Children				
Materials for Children				
Parent Training Courses and Workshops				
Alphabet Soup for Parent and Child				

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INTRODUCTION

The mission of the Northeast Area Learning Resource Center (NEALRC) is to provide services to the client states in Region 9: Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, Rhode Island and Vermont. NEALRC services to the states are in two primary areas: (1) to assist each state in developing a state-wide capacity to deliver instructional materials and media-support services to handicapped learners, and (2) to assist pre- and in-service educational agencies to increase the competence of educators and parents in instructional planning and programming for handicapped learners.

The Northeast Regional Resource Center (NERRC) works in conjunction with the NEALRC in providing services to our client states. The purpose of NERRC is to provide appraisal and programming activities relative to client states in Region 9.

A child with a disability, problem or handicap has the best chance of reaching his full potential when he has the backing of a team; people in the appropriate medical and educational fields working with parents who are caring and knowledgeable. Unlike the professionals, who are trained to deal with handicapping conditions all the time, you, as a parent, face your child's problem unexpectedly and with little expertise.

At some point after you are told your child has a disability, problem or handicap, you will want to know what you as a parent can do.

The purpose of this guide is to help you get the guidance and training you need to best help your child. We hope this will be a direct route to some services and information for your special child. It is never too early, or too late, to begin.

By increasing your understanding of your child's needs, you can take an active role in guiding the direction of your child's development. As parents, you have very much to offer to your child and to the professional people who will help him.

ORGANIZATIONS

Organizations may provide any or all of the following services. When you contact an organization, ask specifically, do they have:

1. A local chapter or affiliate near your home - or a directory of state and local chapters.
2. A publications list in the area of the particular disability.
3. Information pamphlets.
4. A directory of special schools and/or camps.
5. Rehabilitation services.
6. Respite care facilities.
7. Parent meetings.
8. Counseling (parent, family, genetic).
9. Parent training courses.
10. A day camp or summer camp program.
11. A pre-school program.
12. An infant stimulation program.
13. Recreational programs.
14. A newsletter or monthly publication.
15. State or national conventions.
16. Any other service or help that you need.

Organizations are usually structured by national, sometimes regional (encompassing several states), state and local chapters. Some organizations are strong and effective on one or two of these levels and not on another. Don't hesitate to make contact on more than one level.

ORGANIZATIONS - NATIONAL

ASSOCIATION OF CHILDREN WITH LEARNING DISABILITIES (ACLD)
ACLD, National Office
2200 Brownsville Road
Pittsburgh, Pa. 15201
(412) 881-1191
Contact Person - Ms Jean Petersen
Publications list, holds annual convention - will provide directory of state and local chapters, puts out a monthly newsletter available through chapters, main work area - federal legislation, publishes educational and camp directories.

NATIONAL ASSOCIATION FOR RETARDED CITIZENS (ARC)
2709 Avenue E
East Arlington, Texas 76011
(817) 261-4961

Supplies general information on programs, facilities, institutions, and careers - supplies pamphlets - refers to local chapters.

ARC - NE REGIONAL OFFICE
Continental Arms, Suite 103
570 W. DeKalb Pike
King of Prussia, Pa. 19406
(215) 265-0404
Contact Person - Mr. Harry Wilkinson

NATIONAL SOCIETY FOR AUTISTIC CHILDREN, INC.
169 Tampa Avenue
Albany, N. Y. 12208
(518) 489-7375

Provides information on schools, camps; will put you in touch with other parents or groups of autistic children in your geographical area; information on legal rights and legislative information on national and state level; has bibliographies relevant to autistic children.

UNITED CEREBRAL PALSY ASSN. (UCP)
66 E. 34th Street
New York, N. Y. 10016
(212) 889-6655

Information pamphlets, referrals to local affiliates which provide evaluation and treatment centers - may include Pre-school, OT, PT, Speech, Vocational Education, Counseling for parents.

NATIONAL FOUNDATION - MARCH OF DIMES
1275 Mamaroneck Avenue
White Plains, N. Y. 10605
(914) 428-7100

Works with professionals in providing genetic counseling - service is available by referral of your local doctor. Don't hesitate to ask him about it.

NATIONAL EASTER SEAL SOCIETY FOR CRIPPLED CHILDREN & ADULTS
2023 W. Ogden Avenue
Chicago, Illinois 60612

Publishes directory of resident camps for persons with special health needs, including CP, Diabetes, ED, Epilepsy, MR, LD, OH, Respiratory Diseases, AH, VI.
Publications list available, includes series of parent pamphlets.
Directories for local affiliates - active in area of advocacy for the handicapped.

THE EPILEPSY FOUNDATION OF AMERICA (EFA)
1828 "L" Street NW
Suite 406
Washington, D. C. 20036
(202) 293-2930
Contact Person - Mr. Gorman, ext. 68

Aids people with seizures and convulsive disorders - Education of the public through information pamphlets and School Alert Programs - Active in legislating for fair employment and insurance practices.

AMERICAN FOUNDATION FOR THE BLIND, INC.
15W. 16th Street
New York, N. Y. 10010
(212) 924-0420

No direct services - provides services to local agencies. Publishes pamphlets for the public, e.g. "Is Your Child Blind?". Manufactures and sells games, educational aids for use by blind people - send for catalog. Publishes large print books. Send for publication and materials list. Directory of residential schools.

ALEXANDER GRAHAM BELL ASSOCIATION FOR THE DEAF - INTERNATIONAL PARENTS ORGANIZATION
3417 Volta Place NW
Washington, D. C. 20007
(202) 337-5220

Education and rehabilitation of the deaf. Stresses early detection; education; emphasis on attaining oral skills. Local parent groups - share information and problems. Has information kits for parents, lending library, films available for loan - publishes a newsletter and a journal for parents (The Volta Review).

NATIONAL ASSOCIATION FOR THE DEAF
905 Bonifant Street
Silver Springs, Maryland 20910
(301) 587-1788

Education, employment, information, and referral services. Pamphlets available - list of publications available from address above.

NATIONAL ASSOCIATION FOR MENTAL HEALTH
10 Columbus Circle
New York, N. Y. 10019
(212) 757-7800

Aid for the mentally ill; research, education and community services; information pamphlets available.

For further information regarding organizations, read -

HELP FOR THE HANDICAPPED CHILD by Florence Weiner, McGraw-Hill, N. Y., 1973
An introduction to the many services, public and private, to which parents of handicapped children can turn for help. Includes VI, CP, AH, Epil, LD, Autism, MR, and many more. An excellent resource for parents searching for help.

ORGANIZATIONS - CONNECTICUT

CONNECTICUT ASSOCIATION FOR CHILDREN WITH PERCEPTUAL LEARNING DISABILITIES
20 Raymond Road
West Hartford, Connecticut 06107
236-3953
Contact Person - Mrs. Ruth Tepper, President

Fifteen local chapters within the state - Annual conference - Parents Assistance Program to help parents in achieving appropriate school programs for their children - State office has materials and bibliography.

CONNECTICUT ASSOCIATION FOR RETARDED CHILDREN, INC.
21-R High Street
Hartford, Connecticut 06103
(203) 522-1179
Executive Director - Parker Hodgman

Call or write for information on the local chapter nearest your home.

UCP OF CONNECTICUT
1 State Street
New Haven, Connecticut 05611
(203) 772-2080
Executive Director - Mr. Eliot J. Dober

EASTER SEAL SOCIETY FOR CRIPPLED CHILDREN & ADULTS OF CONNECTICUT
682 Prospect Avenue
Hartford, Connecticut 06105
(203) 236-3273

EPILEPSY LEAGUE OF GREATER HARTFORD
10 Woodland Street
Hartford, Connecticut 06105
(203) 247-0078
Contact Person - Joy Esterson

CONNECTICUT STATE BOARD OF EDUCATION & SERVICES TO THE BLIND
170 Ridge Road
Wethersfield, Connecticut 06109
(203) 566-5800
Contact Person - Mr. Guy Marchison

Services available for parents include counseling, training programs and materials.

A G BELL ASSOCIATION AFFILIATES IN CONNECTICUT
New Haven Chapter CAHIC
c/o Mrs. Louis Guercia
Rimmon Hill Road
Woodbridge, Connecticut 06525

Norwalk Parents of Hearing Impaired Children
c/o Nikolaus Wirth
Weed Avenue
Norwalk, Connecticut 06850

CONNECTICUT LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD
Bureau of Pupil Personnel & Special Education Services
State Department of Education
P.O. Box 2219
Hartford, Connecticut 06115
(203) 566-4383
Contact Person - Mr. Robert Margolin, Chief

General Guidelines for Special Education Programs (10-76 A-J of the General Statutes).

ORGANIZATIONS - MAINE

MAINE A R CITIZENS
269½ Water Street
Augusta, Maine 04330
(207) 622-7502
Contact Person - John C. Dickens

MIDSTATE UCP
125 State Street
Augusta, Maine 04330
(207) 622-9351
Contact Person - Mr. Gregory Scott - Executive Director

UCP N.E. MAINE
103 Texas Avenue
Bangor, Maine 04401
(207) 942-8204
Contact Person - Mrs. Ruth Shook

EFA - MAINE
72 Winthrop Street
Augusta, Maine 04330
(207) 623-1166
Contact Person - Mr. Richard Gunn - Executive Director

Information and referral services - Low cost insurance and drug program - Library - Counseling services for parents, teens and adults.

MAINE BUREAU OF REHABILITATION
Division of Eye Care & Special Services
32 Winthrop Street
Augusta, Maine 04330
(207) 289-2141
Contact Person - Mr. David Dorr

This office is responsible for educational services (including pre-school) for visually handicapped children - Additionally, this office has materials, books, bibliographies and counseling services.

MAINE ASSOCIATION OF PARENTS OF HEARING IMPAIRED CHILDREN
c/o Dr. George Connick
38 Florida Avenue
Portland, Maine 04103

Under auspices of A G Bell Association.

ORGANIZATIONS - MASSACHUSETTS

MASSACHUSETTS CHILD, INC. (ACLD affiliate)
949 Commonwealth Avenue
Boston, Mass. 02215
(617) 782-3600
Contact Person - Paul Morris, President

ARC
381 Elliot Street
Newton/Upper Falls, Mass. 02164
(617) 965-5320
Executive Director - Thomas Carroll
President - Joseph Buonomo (617) 643-8522

UCP OF METROPOLITAN BOSTON
212 Webster Street
West Newton, Mass. 02165
(617) 965-9850
Executive Director - Mr. Marshall Pitler

EPILEPSY SOCIETY OF MASSACHUSETTS
3 Arlington Street
Boston, Mass. 02116
(617) 267-4341
Contact Person - Ed Shaw

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH - EPILEPSY PROGRAM
39 Boylston Street
Boston, Mass.
(617) 367-5002 xt 30
Contact Person - Jody Jenkins

MASSACHUSETTS COMMISSION FOR THE BLIND
39 Boylston Street
Boston, Mass. 02116
(617) 727-5580
or - Mr. John Stager
Specialist for Visually Handicapped Children
Regional Office - Department of Education
271 Boylston Street
West Boylston, Mass. 10583

A. G. BELL ASSOCIATION - Affiliates in Massachusetts

Mass. Parents Association for the Deaf and Hard of Hearing
c/o Jack Fleishman
65 Stuart Road
Newton, Mass. 02159

Southeastern Mass. Parents Organization for the Deaf & Hard of Hearing
c/o Antone Pereira
1587 Brayton Pt. Road
Somerset, Mass. 02725

Deaf Children - Greater Springfield Parents Association
c/o Robert Barba
54 Circle Road
Long Meadow, Mass. 01106

LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD

Massachusetts regulations for the implementation of Chapter 766 of the Acts of 1972: The Comprehensive Special Education Law - commonly known as the Bartley-Daly Act. May be obtained from the State Department of Education, Boston, Mass.

ORGANIZATIONS - NEW HAMPSHIRE

NEW HAMPSHIRE ACLD
20 Westborne Road
Concord, N. H. 03301
(603) 225-2052 or
431-4616
Contact Person - Mrs. Ann Cambell

NEW HAMPSHIRE ARC
4 Park Street
Concord, N. H. 03301
(603) 224-7322
Executive Director - Norman H. Osborne

UCP OF NEW HAMPSHIRE
64 N. Main Street
Concord, N. H. 03301
(603) 228-0551
Contact Person - Mrs. Ursula Willis

NEW HAMPSHIRE EFA
221 Main Street
Nashua, N. H. 03060
(603) 882-0510
Executive Director - Alexander Randall

NEW HAMPSHIRE EASTER SEAL SOCIETY
870 Hayward Street
Manchester, N.H. 03103
(603) 623-8863
Contact Person - Larry Grammon

Infant Training program, school, rehabilitation center, vocational workshop, counseling services.

N. H. BUREAU OF BLIND SERVICES
State House Annex
Concord, N. H. 03301
(603) 225-6611
or
Mr. Jules Cote, Consultant
Special Education Section
Department of Education
105 Loudon Road, Bldg. #3
Concord, N. H. 03301

NEW HAMPSHIRE A G BELL ASSOCIATION
Mrs. Robert Tawney
Box 57
Wilmont Flat, N. H. 03237

LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD
There is the Law, RSA's, Standards and Procedures - Contact the Superintendent of your local school district, or -
Mr. Robert Kennedy
105 Loudon Road, Bldg. #3
Concord, N. H. 03301
(603) 271-3741

ORGANIZATIONS - NEW JERSEY

NEW JERSEY ACLD
P.O. Box 249
Convent Station, N.J. 07960
(201) 539-4644
Contact Person - Mr. Jay Lev, Director

Fourteen chapters within the state - Services provided: Educational evaluation center, pre-school learning centers, medical and educational referral services (SCRIP), recreational programs, summer day camps, legal information services, monthly meetings for parents, publications list of books and pamphlets - State conference for parents and professionals early October of each year. N.J. ACLD now has a director of continuing education, Dr. Ronald Schenk. Some courses are being planned for parents. Contact him at state office. Also - some chapters offer counseling and child management courses (Morris, Camden, Burlington, Essex-Union). Call state office for specific leads.

NEW JERSEY ARC
97 Bayard Street
New Brunswick, N.J. 08901
(201) 246-2525
Contact Person - John Scagnelli

Twenty local chapters throughout the state. Many chapters offer infant stimulation programs, parent counseling, recreational programs, monthly meetings of parents, residential summer camp, citizen advocacy program, publications list of books and pamphlets. Call the state office for nearest chapter.

NEW JERSEY UCP
222 W. State Street
Trenton, N. J. 08608
(609) 695-6277
Executive Director - Mr. D. Winton Hartman

PARENT TO PARENT - MARCH OF DIMES, N.J.
Mercer County Chapter
831 Parkway Avenue
Trenton, N.J. 08618
(609) 882-3453

The second such organization in the country (the other in Georgia). A helping hand for parents with children born with birth defects - specially trained parents of such children visit homes, or communicate in any way with parents needing this help.

THE EASTER SEAL SOCIETY FOR CRIPPLED CHILDREN & ADULTS OF NEW JERSEY
9 Terminal Road
Box 1937
New Brunswick, N. J. 08902
(201) 828-6080
Contact Person - Erika Abbott

Counseling, books and publication list, occasional workshops and seminars.

N. J. EPILEPSY FOUNDATION OF AMERICA
9 Terminal Road
North Brunswick, N. J.
(201) 828-8889
Contact Person - Ms. Carol Gibbons

Monthly meetings, occasional seminars for parents, vocational-technical rehabilitation.

NEW JERSEY COMMISSION FOR THE BLIND & VISUALLY IMPAIRED
1100 Raymond Blvd.
Newark, N. J. 07102
(201) 648-3333
Contact Person - Coker Stagner

Provides training programs, workshops, counseling services and materials; commission appoints an educational counselor for the child who works with the parents in providing needed services; sponsors rap groups for teens; vocational counseling.

A G BELL ASSOCIATION AFFILIATES IN NEW JERSEY
N. J. League for the Hearing Handicapped
c/o Robert Goldberg
P.O. Box 366
Caldwell, N. J. 07006

Central Jersey Association for the Deaf & Hearing Handicapped
c/o Mrs. Robert Butler
12 Lee Road
Englishtown, N. J. 07726

North Jersey Shore Association for the Deaf & Hard of Hearing
c/o Alexander Shields
133 Wall Street
West Long Branch, N. J. 07764

LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD
Rules and Regulations Pursuant to Title 18A, Chapter 46, New Jersey Statutes, Title 6, Chapter 28, New Jersey Administrative Code.

Can be obtained from the Special Services Department of your local school system, or write to the State of New Jersey, Department of Education, 225 W. State Street, Trenton, N. J. 08625

This is more commonly referred to as the Headleston Rules and Regulations - though the title is overwhelming, the document itself is not. A must for every parent in New Jersey.

ORGANIZATIONS - RHODE ISLAND

RHODE ISLAND ACLD
1180 Hope Street
Bristol, R.I. 02809
(401) 253-8900
Contact Person - Dr. Charles Millard

RHODE ISLAND ARC
2845 Post Road
Warwick, R.I. 02886
(401) 738-5550
Executive Director - James Healey

UCP OF RHODE ISLAND
300 Knight Street
Warwick, R.I. 02886
(401) 738-9730

GREATER PROVIDENCE EPILEPSY ASSOCIATION
94 Brewster Street
Providence, R.I. 02906
(401) 351-7529
Contact Person - Carol Olshensky

EASTER SEAL SOCIETY OF RHODE ISLAND
667 Waterman Avenue
E. Providence, R.I. 02914
(401) 438-9500

Sponsors school for severely impaired - Workshop for siblings; Parent training.

RHODE ISLAND DIVISION OF SERVICES FOR THE BLIND
46 Aborn Street
Providence, R.I. 02903
(401) 277-2300
Contact Person - E. Lyman D'Andrea

Provides materials, books, bibliographies, counseling services and some training programs for parents.

RHODE ISLAND COUNCIL FOR HEARING HANDICAPPED CHILDREN
c/o Mrs. D. Patterson
96 Angel Road
Lincoln, R.I. 02865

Under auspices of A.G. Bell Association

LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD
Regulations on the Education of Handicapped Children, write to:
State Department of Education
Roger Williams Building
Hayes Street
Providence, R. I.

ORGANIZATIONS - VERMONT

VERMONT ACLD
Box 131A
Perkinsville, Vt. 05151
(802) 263-5326
Contact Person - Miss Loretta Bergen, President

VERMONT ARC
323 Pearl Street
Burlington, Vt. 05401
(802) 864-0761
Executive Director - Sister Janice Ryan

UCP OF VERMONT
32 Margaret Drive
Essex Junction, Vt. 05452
(802) 879-0793
Contact Person - Mr. Paul Betz, President

VERMONT EFA
210 S. Main Street
Rutland, Vt. 05701
(802) 775-1686
Contact Person - Jeannette Sherman

VERMONT ACHIEVEMENT CENTER (EASTER SEAL AFFILIATE)
88 Park Street
Rutland, Vt. 05701
(802) 775-2395
Contact Person - Robert Dombro

Services all handicaps, 0-21 years. Many comprehensive programs.

VERMONT DIVISION FOR THE BLIND & VISUALLY HANDICAPPED
128 State Street
Montpelier, Vt. 05602
(802) 223-2311

A. G. BELL ASSOCIATION
c/o Mr. Robert Hill
5 Hillcrest Road
Rutland, Vt. 05701

LEGAL RIGHTS REGARDING THE EDUCATION OF YOUR HANDICAPPED CHILD

Guidelines for Special Education, write to:
Jean Garvin, Director
Vermont Department of Education
State Office Building
Montpelier, Vt. 05602
or call:
(802) 828-3141

Many parents have begun forming local community-based groups, pulling together parents of children with differing handicaps but sharing the same geographical-political township. These groups are forming, not for the purpose of replacing organizations like ARC, ACLD, etc., but rather to complement them. By belonging to both a specific disability organization and a community-based organization, parents are finding that they gain both political clout and knowledge. If you are interested in forming a group in your community, there is a handbook that you will find most useful. It is entitled "How To Organize An Effective Parent Group and Move Bureaucracies" published by the Coordinating Council for Handicapped Children, 407 South Dearborn, Chicago, Illinois 60605. It costs $1.50.

MATERIALS FOR PARENTS

There is an abundance of Parent Training Materials including books, films, filmstrips and videotapes. This guide lists only some of what is available. The majority of the materials are books. Some of these are personal accounts of parental reaction and acceptance, and family adjustment to a child with a disability. Others are books of explanation and guidance for the parent written by professionals and parents with first hand experience. There are also many books in the areas of "how-to" live with, play with, and work with the special child in your home in order to help him to progress.

The list is long and many of the books are costly. Here is how to deal with it. Check your public library for the books you want. If a book that you want is not listed in the card catalog, ask for help. The reference librarian can be very helpful in tracking down books for you. Local libraries usually have access to state and university collections. Beyond this, if you are willing to describe your needs, a librarian can be on the look-out for new books of interest to you.

You <u>can</u> use training materials such as film strips and video tapes, even though you don't own the equipment. Local libraries may allow you to use their equipment, or your neighborhood public school may give you access to equipment when it is not in use. You might use school facilities during lunch time and invite any school staff to view it with you. Some teachers will appreciate the exposure.

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Since there are so many materials, we have organized this bibliography by handicapping condition. The first group of listings include books on general parenting techniques for raising any and all children as well as books which deal with disabilities in a non-specific way. The list continues with sections on specific handicaps.

As uncomfortable and insensitive as a label on a child can be, it is necessary to use labels in order to locate information. Information cannot be found if you say "my child is slow" instead of mentally retarded or "he has a few spells" instead of epilepsy. Don't use it on your child, but DO use the appropriate label for your search. In addition, try not to think of labels as being restrictive because there may be help to be found in related areas. If your child has a learning disability, the auditory training games listed under auditory and visual impairments may be appropriate. The parent of the child with cerebral palsy may find helpful books in the sections on neurological impairments, mental retardation or orthopedic handicaps. In short, use labels to your advantage and try not to get hung up on them!

GENERAL BIBLIOGRAPHY

CLOSER LOOK, The National Information Center for the Handicapped, P.O. Box 1492, Washington, D. C. 20013 (Contact Mrs. Lowry)
Provides the following services for parents: (1) Information packets for parents - 20 different ones available for specific disabilities. (2) Information on state laws. (3) Referrals to organizations. (4) Newsletters - sent out periodically. (3-4 per year) All free.

EXCEPTIONAL PARENT MAGAZINE, Published 6X/year by Psy-Ed Corporation, Boston, Mass. Subscriptions $10 one year; $18 two years, The Exceptional Parent, Subscription Department, P.O. Box 964, Manchester, N. H. 03105
Practical guidance for parents of children with all disabilities. Very helpful to parents - well worth the money.

HELP FOR THE HANDICAPPED CHILD, by Florence Weiner, McGraw Hill, N.Y., 1973
An introduction to the many services, public and private, to which parents of handicapped children can turn for help. Includes VI, CP, AH, Epilepsy, LD, Autism, MR, and many more. An excellent resource for parents searching for help.

PET: PARENT EFFECTIVENESS TRAINING by Thomas Gordon, Peter W. Hyden, Inc., N.Y., 1971
A training program for parents to teach them skills for raising responsible children. Includes active listening, building communication skills of parent and child, problem solving techniques. Text is used as a part of the PET course (see Programs). It can be read on its own.

PARENTS ARE TEACHERS: A Child Management Program by W. C. Becker, Research Press, Inc., Box 31775, Champaign, Illinois 61820, $4.00

Helps parents to gain skills in managing the consequences of behavior to work toward desired behavioral goals in their children and in themselves.

FAMILIES: Applications of Social Learning to Family Life by Gerald Patterson, Research Press, Box 31775, Champaign, Illinois 61820, $3.50

A family based approach to behavior modification.

LIVING WITH CHILDREN: New Methods for Parents & Teachers by Patterson and Gullion, Research Press, Box 31775, Champaign, Illinois 61820, $3.00

ELEMENTARY PRINCIPLES OF BEHAVIOR by D. Whaley and R. Malott, Prentice-Hall, N.J., 1971, $8.95

Methods of using behavioral techniques - has an accompanying workbook; a comprehensive text, but done with a sense of humor.

PASSPORT TO PARENTHOOD: An Introduction to Developmental Disabilities by Aleasa Hogate, Educational Improvement Center, South Jersey Region, Pitman, N.J. 08071

A pamphlet providing basic descriptions of MBD, CP, Epilepsy, MR, ED, BD - easy to read, written by a parent.

WHAT'S A FATHER FOR? by Jara Gilbert, Parents Magazine Ent., Inc., 52 Vanderbilt Avenue, N.Y. 10017, $6.95

Insights into the pleasures and problems of parenthood - informative, yet amusing.

IF YOUR CHILD IS HANDICAPPED by William Kvaraceus and E.N. Hayes, Porter-Sargeant, Boston, Mass., 1969, $7.95

Individual stories about families that have handicapped children.

UNDERSTAND THOSE FEELINGS: A Guide for Parents of Handicapped Children and Everyone Who Counsels Them by Eugene McDonald, 1962, $6.25

Reactions of parents who have handicapped children followed by information guidance and suggestions for positive action.

ACTION AIDS FOR PARENTING, Educational Improvement Center, Woodbury-Glassboro Road, Pitman, N.J. 08071, 5¢ each pamphlet.

A series of 9 pamphlets of concrete suggestions on how you can help your pre-schooler to develop needed readiness skills. Suitable for LD, PI, EMR, NI.

LEARNING IN THE HOME: Family Activities that Teach - Sound filmstrip packet with guides.

Deals with using common household activities as a learning experience for young handicapped children. Not available at present except to residents of New York City. SEIMC, New York City Board of Education, 400 1st Avenue, New York, N.Y. 10010.

BABY LEARNING THROUGH BABY PLAY by Ira Gordon, St. Martins Press, N. Y., 1970, $3.95

An excellent guide for parents to use with their child 0-2 or 3 years.

CHILD LEARNING THROUGH CHILD PLAY by Ira Gordon, et al, St. Martins Press, N. Y., 1972, $3.95

This book was developed for an at-home early stimulation program involving pre-schoolers and their parents. Games and activities to develop mental and physical capabilities.

HOME STIMULATION OF HANDICAPPED CHILDREN, Marshal-Poweshiek Joint County Department of Special Education, Marshalltown, Iowa

Pre-school children - all handicaps. Covers areas of behavior modification, discipline, toys vs learning tools - concrete suggestions. For use by parents in groups or individually.

EXPLORING MATERIALS WITH YOUR YOUNG CHILD WITH SPECIAL NEEDS, Commonwealth Mental Health Foundation, 4 Marlboro Road, Lexington, Mass. 02173, 1974, 1 copy $2.65 + 50¢ handling

An excellent book filled with concrete suggestions and detailed photographs for playing with pre-school level children at home; emphasis on sensory experiences.

HOME STIMULATION OF YOUR YOUNG CHILD WITH SPECIAL NEEDS, Commonwealth Mental Health Foundation, 4 Marlboro Road, Lexington, Mass. 02173, 1974, 1 copy $2.85 + 50¢ handling.

Discusses the way children learn and grow with suggestions for promoting growth - LANGUAGE STIMULATION is emphasized in the second half of this book. Book offers specific suggestions and excellent photographs.

PLAY TOGETHER, PARENTS AND BABIES by Patricia Griswold, United Cerebral Palsy of Central Indiana, 615 N. Alabama Street, Indianapolis, Indiana, 1972, $3.00

A manual used in a group program for infant stimulation and exercises.

POTS AND PANS ACTIVITIES FOR PARENT AND CHILD, State Board of Education, Illinois Office of Education, 100 N. First Street, Springfield, Illinois 62777, Free

Daily activities for the pre-schooler at home - things a parent can do to help in areas of language development, motor development and basic concept development - uses household articles and simple materials.

A CHANGE OF FOCUS - A video tape kit

Deals with some important visual skills which children often lack even though they have two good eyes. Including visual motor coordination, size and shape discrimination and visual memory. Uses common household materials in home activities to develop visual skills. Not available at present, except to residents of New York City through SEIMC.

TODAY HE CAN'T, TOMORROW HE CAN by Ruth Roufberg, Fountain Publishing Co., P.O. Box 287, Larchmont, N. Y., 1971, $3.95
Your child from 2-5 years, a comprehensive guide to educational materials.

WHAT TO DO WHEN "THERE IS NOTHING TO DO" by Elizabeth Gregg and Boston Children's Hospital Medical Center, $4.95, Paperback, Dell Books, 95¢
Hundreds of play ideas; uses inexpensive household items; presented by age groupings 0-5 years; easily adaptable for disabled children.

THE BEST OF CHALLENGE, American Association for Health, Physical Education and Recreation, 1201 Sixteenth Street NW, Washington, D. C. 20036, 1971, $3.00

THE BEST OF CHALLENGE, VOL II, American Association for Health, Physical Education and Recreation, 1201 Sixteenth Street NW, Washington, D. C. 20036, 1974, $5.00
Chock full of practical physical games and activities appropriate for MR, NI, OH, LD.

ON BEING THE PARENT OF A HANDICAPPED YOUTH by Sol Gordon, New York Association for Brain Injured Children, 99 Madison Avenue, N. Y., $1.00
A guide to enhance the self image of physically and learning disabled adolescents and young adults.

EMPLOYMENT FOR THE HANDICAPPED by Juliette Arthur, Abington Press, Nashville, Tennessee, $5.95
A guide for the disabled, their families and their counselors.

NEUROLOGICALLY IMPAIRED

THE OTHER CHILD by Richard Lewis, et al, Grune & Stratton, Inc., N. Y., 1960
The brain injured child - a book for parents and laymen.

WHAT TO DO ABOUT YOUR BRAIN INJURED, OR YOUR BRAIN DAMAGED, MENTALLY RETARDED, MENTALLY DEFICIENT, CEREBRAL PALSIED, FLACCID, RIGID, EPILEPTIC, AUTISTIC, ATHETOID, HYPERACTIVE CHILD by Glen Doman, Doubleday & Co., N.Y., 1974, $7.95
This book describes the controversial philosophy and techniques used at the Institutes for the Achievement of Human Potential.

LIVING WITH EPILEPTIC SEIZURES by Samuel Livingston, Charles Thomas, 1963, $6.50
A good basic book, easy to read.

COMPREHENSIVE MANAGEMENT OF EPILEPSY IN INFANCY, CHILDHOOD AND ADOLESCENCE by Samuel Livingston, Charles Thomas, 1972, $27.95
An excellent reference book in the field, but rather technical.

SEIZURES, EPILEPSY AND YOUR CHILD by Jorge Lago, Harper & Row, 1974, $7.95

EPILEPSY by Silverstein & Silverstein, Lippincott, Philadelphia and New York, 1975, $5.50
An accurate straight forward account of the disease - geared to young adults, 10-18 years.

WHEN CHILDREN NEED HELP by David Melton, Thomas Crowell, Co., N. J., 1972, $6.95

LEARNING DISABLED & PERCEPTUALLY IMPAIRED

SOMETHING IS WRONG WITH MY CHILD: A parents book about children with Learning Disabilities by Milton Brutten, Harcourt, Brace, Jovanovich, Inc., 757 3d Avenue, New York, N. Y. 10017, $7.50
An excellent book, written clearly, on a practical level.

CAN'T READ, CAN'T WRITE, CAN'T TALK TOO GOOD EITHER by Louise Clarke, Walker & Co., N. Y., 1973, Paperback, Penguin, Baltimore, Md., 1974
How to recognize and overcome dyslexia in your child.

MBD: The Family Book About Minimal Brain Dysfunction by Richard Gardner, 1973

HANDBOOK ON LEARNING DISABILITIES by R. E. Weber, editor, Prentice-Hall, Englewood Cliffs, N. J., 1974

WHY YOUR CHILD IS HYPERACTIVE by Ben Feingold, Random House, N. Y., $7.95
Describes pioneering work in the field of hyperactivity and your child's diet. Premise of book is that if you eliminate all synthetic food colorings and flavorings from your child's diet, you will reduce hyperactivity.

HELPING PARENTS HELP THEIR HANDICAPPED CHILDREN - Video tape packet with guides.
Deals with a parent working at home with her hyperactive NI son on common household chores. Not available at present except to residents of New York City, through SEIMC, New York City Board of Education, 400 1st Avenue, New York, N. Y. 10010

BODY MANAGEMENT ACTIVITIES: A Guide to Perceptual Motor Training by Ann Mourouzis, NWZ Associates, 1970.
Written for Physical Education teachers, classroom teachers and parents. Very explicit and easy to follow, but more teacher oriented than parent.

THEY TOO CAN SUCCEED: A Practical Guide for Parents of Learning Disabled Children by Doreen Krowick, Academic Therapy Publications, 1539 Fourth Street, San Rafael, California 94901, 1969, $3.75

An excellent guide which includes simple definitions parents may meet up with; deals with such practical matters as friendships, sibling resentments, pets, camps, what your child should know about his disability and how to tell him.

WHEN YOUR CHILD CAN'T READ: A do-it-yourself program, by Eileen Blanchet, Academic Therapy Publications, 1539 Fourth Street, San Rafael, California 94901, 1972

A parent helps her children gain language skills at home and shares her methods and ideas.

HELPING CHILDREN OVERCOME LEARNING DIFFICULTIES by Jerome Rosner, Walker & Co., N. Y., $12.50

A step-by-step learning program for reading and arithmetic for parents to use with children at home.

RECREATION AND SOCIALIZATION FOR THE BRAIN INJURED CHILD by Sol Gordon and Risa Golab, N. J. ACLD, 1966, $3.50

A guide for activities and programs for improving the socialization skills of the child with learning disabilities.

THE EXCEPTIONAL CHILD GROWS UP by Ernest Siegel, E.P. Dutton & Co., Inc., New York, 1974, $8.95

Guidelines for parents and professionals for understanding and helping the brain injured adolescent and young adult (geared to LD).

MENTALLY RETARDED

MENTALLY RETARDED CHILDREN: What Parents and Others Should Know by Harriet Blodgett, University of Minnesota Press, Minneapolis, Minn., 1971, $5.95

A down to earth how-to book for parents.

THE WORLD OF NIGEL HUNT: THE DIARY OF A MONGOLOID YOUTH by Nigel Hunt, Garrett Publications, 1967

Written by a man with Down's Syndrome.

NEW DIRECTIONS FOR PARENTS OF PERSONS WHO ARE RETARDED by Robert Perske, NARC, P.O. Box 6109, Arlington, Texas 76011, $1.95

Book focuses on family attitudes and interactions which include handicapped children.

THE PARENTS OF RETARDED CHILDREN SPEAK FOR THEMSELVES by Charlotte Waskowitz, NARC, P.O. Box 6109, Arlington, Texas 76011, 40¢

Booklet describes how parents manage to give their retarded children security and a good start in life.

MAKE THE MOST OF YOUR BABY by June Mather, NARC, P.O. Box 6109, Arlington, Texas 76011, Single Copies, Free.

Booklet tells how parents can provide meaningful play experiences for their MR infant.

ISN'T IT TIME HE OUTGREW THIS? or A TRAINING PROGRAM FOR PARENTS OF RETARDED CHILDREN by V. Baldwin, H. Fredericks and G. Brodsky, C. Thomas Publishers, Springfield, Illinois, 1973

This manual contains specific programs by which parents can develop the types of desired behaviors they wish to see in their retarded child.

DAVID by Nancy Roberts, John Knox Publishers, $4.50

Personal account of a mongoloid child and the adjustment the parents made.

TOILET TRAINING YOUR RETARDED CHILD by Molly Gorelick, NARC, P.O. Box 6109, Arlington, Texas 76011, Booklet 20¢

CREATIVE OPPORTUNITIES FOR THE RETARDED CHILD AT HOME AND IN SCHOOL by Cornelia Hollander, Doubleday, N. Y., 1971, $10.00

A series of 6 booklets on woodworking, stitchery, drawing, print-making, finger painting, etc. Step-by-step, down to earth approach to sharing arts and crafts activities with your child.

SPLASH - 16mm Sound, Color Film, 21 minutes, Documentary Films, 3217 Trout Gulch Rd., Aptos, California 95003

Using water in many ways to develop basic self-help skills. Geared to severely MR and Multiply Handicapped - learning through fun!

LEARNING BY DOING by Anne Rogovin, MAFEX Assoc., Inc., Johnstown, Pa., 1971

An illustrated handbook for parents and teachers of children who learn slowly.

TEACHING THE MR CHILD: A FAMILY CARE APPROACH by K. Barnard and M. L. Powell, Mosby & Co., 1972

Emphasis on self-help skills, written originally for nurses, but excellent for parents.

A RESOURCE GUIDE IN SEX EDUCATION FOR THE MENTALLY RETARDED, American Association for Health, Physical Education and Recreation, 1201 16th Street NW, Washington, D. C., 1971

PUBERTY IN THE GIRL WHO IS RETARDED by Ann Pattullo, NARC, P.O. Box 6109, Arlington, Texas 76011, $1.00

Designed to help mothers of MR girls cope with some of the problems which arise with puberty.

LOVE, SEX AND BIRTH CONTROL FOR THE MENTALLY RETARDED: A Guide for Parents, Planned Parenthood, N. Y., 1972

ORTHOPEDICALLY HANDICAPPED

HANDLING THE YOUNG CEREBRAL PALSIED CHILD AT HOME by Nancie Finnie, E.P. Dutton & Co., N. Y., 1970

Birth-5 years. Techniques for teaching self-management including dressing, feeding, toileting, etc.

LEARNING IN THE HOME: FAMILY ACTIVITIES THAT TEACH - Sound filmstrip packet with guides.

Deals with using common household activities as a learning experience for young handicapped children; part of a training course for parents. Not available at present except to residents of New York City through SEIMC, New York City Board of Education, 400 1st Avenue, New York, N. Y. 10010

UP THE DRESSING LADDER - Video tape packet with guides

Deals with teaching handicapped children those skills necessary for an independent act, such as dressing. Not available at present except to residents of New York City through SEIMC, New York City Board of Education, 400 1st Avenue, New York, N.Y. 10010

PHYSICAL ACTIVITIES FOR HANDICAPPED CHILDREN IN THE HOME by O. H. Marx, University of Iowa, 1972

For use by parents of physically handicapped children. A how-to manual with concrete suggestions, geared to pre-school and primary.

THE PUBLICATIONS LIST OF THE NATIONAL EASTER SEAL SOCIETY (see organizations) includes "how-to" pamphlets in the area of daily living, feeding, dressing, architectural barriers, traveling, etc. It includes all handicaps with some physical involvement.

AUDITORILY HANDICAPPED - VISUALLY IMPAIRED - COMMUNICATIONS HANDICAPPED

PRE-SCHOOL LEARNING ACTIVITIES FOR THE VISUALLY IMPAIRED CHILD: A Guide for Parents, Instructional Materials Center, Superintendent of Public Instruction, State of Illinois, Springfield, Ill.

Concrete suggestions for daily living and training. It is divided into activities for 3-4 and 5 year olds.

A LIBRARY FOR THE BLIND

Large print literature, recorded music, books in braille, talking records and tapes. Maintained by Library of Congress. For the regional distribution center in your area, write:

Division for the Blind and Physically Handicapped
Library of Congress
Washington, D. C. 20542

THE STORY OF MY LIFE by Helen Adams Keller, Doubleday, 1954

THE PRE-SCHOOL DEAF-BLIND CHILD: Suggestions for Parents, American Foundation for the Blind, 15 W. 16th Street, New York, N. Y. 10011, Free.
Discusses ways for parents to help their child to learn to walk, eat, dress, and accomplish daily living skills.

A PARENT KIT, A.G. Bell Association for the Deaf, 3417 Volta Place NW, Washington, D. C. 20007, $1.50
Introductory materials for parents of deaf and hard of hearing children.

WATCH MY WORDS: An Open Letter to Parents of Young Deaf Children by Jean Rich Angus, A.G. Bell Association for the Deaf, 3417 Volta Place, N.W., Washington, D.C. 20007, $1.75

YOUR DEAF CHILD by Helmer Myklebust

LANGUAGES FOR THE PRE-SCHOOL DEAF CHILD by Grace M. Harris, A.G. Bell Association for the Deaf, 3417 Volta Place N.W., Washington, D. C. 20007, 1971

PLAY IT BY EAR by Edgar Lowell and M. Stoner, John Tracy Clinic, 806 W. Adams Blvd., Los Angeles, California 90007, 1960, $4.60
Auditory training games for deaf and hard of hearing.

TEACH YOUR CHILD TO TALK: A Parent Handbook, by D. Pushaw, etc., CEB Co., Standard Publishing Co., 104 5th Avenue, New York, N. Y. 10011, 1969, Paperback $1.50
Can be used by itself, but it is also part of a workshop course for parents in Maine.

AUTISTIC

AUTISTIC CHILDREN: A Guide for Parents and Professionals, by Lorna Wing, Brunner, Mazel Publishers, N. Y., 1972

REACHING THE AUTISTIC CHILD by Martin Kozloff, Research Press, Box 31775, Champaign, Illinois 61820, $4.95
A parent training program in behavior modification techniques.

YOUR CHILD IS ASLEEP: Early Infantile Autism by Austin DesLauriers, Dorsey Press, 1969

DIRECTORIES OF FACILITIES FOR SPECIAL NEEDS CHILDREN

A DIRECTORY OF SUMMER CAMPS FOR CHILDREN WITH LEARNING DISABILITIES

ACLD
5225 Grace Street
Pittsburgh, Pa. 15236
$1.00

DIRECTORY OF EDUCATIONAL FACILITIES FOR THE LEARNING DISABLED

Academic Therapy Publications
1539 Fourth Street
San Rafael, California 94901

1973 - Ask for most recent edition. As of this writing, it is available free of charge.

DIRECTORY OF FACILITIES FOR THE LEARNING DISABLED AND HANDICAPPED by C. Ellingson and James Cass, Harper & Row, N. Y., 1972, $20.

Descriptions of diagnostic, remedial, therapeutic and developmental programs listed by state.

THE EASTER SEAL DIRECTORY OF RESIDENT CAMPS FOR PERSONS WITH SPECIAL HEALTH NEEDS

National Easter Seal Society
2023 W. Ogden Avenue
Chicago, Illinois 60612

1975, $1.50 - Camps are listed by state and includes information on the following handicapping conditions - CP, Diabetes, ED, Epilepsy, MR, LD, Physical Disabilities, VI, CH, Respiratory Diseases, AI.

AMERICAN ANNALS OF THE DEAF: A Directory of Programs & Services

The April issue of this national professional journal is the Directory - It can be purchased for $5 by writing to:

American Annals of the Deaf
5034 Wisconsin Avenue NW
Washington, D.C. 20016

Probably available at university libraries. Lists day and residential schools, classes, centers, rehabilitation services, recreational organizations, evaluation centers, instructional materials centers, etc. for all ages. O - including adult.

DIRECTORY FOR EXCEPTIONAL CHILDREN, Porter-Sargeant, Boston, Mass.

Lists facilities for schools, camps, hospitals, treatment centers, training programs, psychiatric and guidance clinics - covers all handicapping conditions. Published every 4 years - 1972 - $12.

SCRIP IN NEW JERSEY - Statewide Computerized Referral Information Program

Lists facilities for:

- Schools (day and residential)
- Camps (day and residential)
- Therapies - speech, PT, OT, Psychological
- Sheltered Workshops
- Day Training Centers
- Pre-School Programs
- Dental Services
- Recreational Programs
- Adult Activity Programs
- Evaluation Centers

All facilities listed are in the New Jersey and Metropolitan area with the exception of residential schools and camps.

Handicapping Conditions for which facilities are listed are:

MR	Epil.	OH
NI	LD	AH
CP	ED	

(See Appendix for abbreviations.)

How to use it - CALL

NJACLD Office - (201) 539-4644 or
NJARC Office - (201) 246-2525 or
Bancroft School - (609) 429-0010
(Another in the Trenton area is being set up.)

Be prepared to give the following information:

1. Age and Sex of Child
2. Handicapping Condition (what is wrong with your child as described by a professional evaluator or doctor).
3. Type of service being requested.
4. Geographic location desired (general area, e.g. day school within Middlesex or Mercer County).
5. Need for financial aid for the facility.

THERE IS NO CHARGE FOR THIS SERVICE. If you need more information regarding SCRIP, write to:

Mr. Claude Doakes
SCRIP
169 W. Hanover Street
Trenton, N. J. 08625

As essential as it is for you to be well informed, it is just as important that you seek early education programs for your child and that it is appropriate to his needs.

MATERIALS FOR CHILDREN

In this Bibliography for Children there are books about handicapped children - "how-to" books for handicapped children, records and a couple of good books about hospital experiences.

The books about children with handicaps can be used effectively as a sharing experience with the whole family. Lending the book to neighborhood families and to classroom teachers as well as to relatives can increase everyone's understanding of your special child.

ABOUT HANDICAPPED CHILDREN

DEENIE by Judy Blume, Bradbury Press, Scarsdale, N. Y., 1973
A young teenage girl is affected with scoliosis - Book emphasizes her social adjustment. Judy Blume really "talks to" young teenagers. (10-14 years)

THE SUMMER OF THE SWANS by Betsy Byars, Viking Press, N. Y., 1970, 95¢ (paperback)
For siblings and friends of the handicapped child. The story of a 14 year old girl and her retarded brother - A Newbery Award winner. (10-14 years)

HOWIE HELPS HIMSELF by Joan Fassler, Albert Whitman & Co., Chicago, Illinois, 1975
A realistic, delightful and moving story of a young boy in a wheel chair. (4-8 years)

SUE ELLEN by Edith Hunter, Houghton Mifflin Co., Boston, Mass., 1969, $3.50
An 8 year old makes the transition from a regular class where she was having much trouble to a special education class where she is with other children with severe learning problems. This class changes her life and gives her hope and really helps her to grow. SUE ELLEN is not just a child with a specific problem, but represents every child with any problem. (8-12 years)

TIM AND HIS HEARING AID by Eleanor Ronnei and J. Porter, Dodd, Mead & Co., N. Y., 1951

THE BLUE ROSE by Gerda Klein, Lawrence Hill & Co., N. Y., 1974, $3.95
Describes a retarded child as being different - like a blue rose - a poetic book geared to sophisticated audience. (8-12 years)

LIGHT A SINGLE CANDLE by Beverly Butler.
An inspiring story of a 14 year old girl who loses her sight.

HE'S MY BROTHER by Joe Lasker, Albert Whitman & Co., Chicago, Illinois, 1974, $3.95
A young boy describes the daily experiences of his slow learning younger brother at school and at home - well illustrated. (4-10 years)

LISA AND HER SOUNDLESS WORLD by Edna Levine, Human Sciences Press, N. Y., 1974
Written for children who need an understanding of a young deaf relative or friend.

MINE FOR KEEPS by Jean Little, Little Brown & Co., N. Y., 1962. In paperback by Archway Paperback Pocket Books, Simon & Shuster, N.Y., 1974, 75¢
A girl with Cerebral Palsy makes the transition from living in a residential school to returning home. (10-14 years)

HEY DUMMY by Kim Platt, Dell-Laurel Leaf, 95¢
A 12 year old boy is determined to help a brain damaged boy who is misunderstood by everyone else. (10-14 years)

ABOUT HANDICAPS by Sara Bonnett Stein, Walker & Co., N. Y., 1974
A book about the development of a friendship between 2 boys - one normal, one handicapped. Written on 3 levels; picture, simple reader, and adult. Most useful to share with neighborhood families, babysitters, teachers, and virtually anyone who has contact with your handicapped child.

THE CHILD'S BOOK ABOUT BRAIN INJURY by Richard Gardner, N. Y. Association for Brain Injured Children, 1966, $2.50
A two part book - an introduction to parents and an explanation to children.

DON'T FEEL SORRY FOR PAUL by Bernard Wolf, Lippincott Co., Philadelphia, Pa., 1974, $6.95
Paul lives an active adventurous life with the aid of 2 artificial feet and an artificial hand. The book follows Paul's adventures for 2 weeks of his life - excellent photographs. (8-12 years)

PLEASE DON'T SAY HELLO by Phyllis Gold, Human Sciences Press of Behavioral Publications, N. Y., 1975
With the love and support of his family, and, through them, the neighborhood children, a 9 year old autistic child emerges from his shell. Down to earth explanation of autism within a fine story. (8-14 years)

A WALK IN ANOTHER PAIR OF SHOES - 35mm filmstrip with synchronized cassette tape, CANAC, Film Distributors, P.O. Box 604, Los Angeles, California 90053, $6.90
How it feels to be an educationally handicapped child. Narrated by Tennessee Ernie Ford. Parents can recommend that teachers, scout leaders, counselors use this with their child's peer groups. (7-12 years)

IF I HAD A HAMMER: Woodworking with 7 basic tools by Robert Lasson, E.P. Dutton & Co., N. Y., 1974, $7.95

Photos and text are very explicit - includes tools, techniques and simple but useful projects. Text is a good guide for parent to use when working with the child, e.g., description of how to assemble 2 pieces of wood and then illustrates possible mistakes.

COOKING ACTIVITIES FOR THE RETARDED CHILD by Ellen Kahan, Abington Press, $2.50

Picture by picture recipes.

THE A TO Z NO-COOK COOKBOOK by Filipe Rojas Lombardi, R-L Creations, Inc., 1972, $[illegible].95

Colorful illustrations of ingredients and equipment. Text is fairly simple in two categories, WHAT YOU NEED and WHAT TO DO. Avoids use of sharp objects and ovens and stoves.

A SPECIAL PICTURE COOKBOOK by Freida R. Steed, H & H Enterprises, Inc., Box 3342, Lawrence, Kansas 66044, 1974

Can be used by children unable to read. Basic recipes presented mostly in illustrated step-by-step form.

CHRISTOPHER LISTENS by Ruth Fitzsimons, Denison & Co., 1967

A training book in listening-speaking experiences for children - Gay illustrations capture the relevance of its rhythmic text and its expressive animal, people and thing sounds. - Ages 7-12; interest level 1-4 grades, reading level 2d grade.

WHAT CAN I DO TODAY? by Joan Klimo, Pantheon Books, 1971, $1.95

Sketching, decorating, sculpting, printing, pasting - all activities with few words and rhebus directions..

STITCHERY FOR CHILDREN: A Manual for Teachers, Parents and Children by Jacqueline Enthoven, Reinhold, N. Y., 1968

A book for general population, but one section devoted to children with special problems.

YELLOW PAGES OF LEARNING RESOURCES by Richard Wurman, editor, MIT Press, Cambridge, Mass. 02142, 1972, $1.95 paperback.

Excellent for career awareness ideas to be used by parents or teachers - can be adapted to many levels from ages 5-adult. Format is: What can you learn at a construction site, a hospital, a lumber yard - What can you learn from a taxi driver, a journalist, an upholsterer, etc. All have suggested questions, ideas, to share with the resources.

FACTS ABOUT SEX: A Basic Guide by Sol Gordon, The John Day Co., 1970
For adolescents (and their parents) - proper terms and slang terms are used throughout. A simple, straight-forward book with illustrations.

SIMPLIFIED FOLK SONGS, Educational Activities, Inc., Box 392, Freeport, N. Y. 11520, 1969, $5.95
Record - teaches words and movements for 5 popular folk songs - for young handicapped children.

LISTENING TIME STORIES, Bowmar Records, 622 Rodier Drive, Glendale, California 91201, 2 records, 2 books, and 1 guide, $7.95 (2x) $15.90
Record - a series of short stories for the pre-school child for speech and language development - works on some isolated sounds.

WORLD TRAVELER, A.G. Bell Association for the Deaf, 3417 Volta Place, NW, Washington, D. C., 1974-75 series, $2.75
High interest, full color booklets to improve language and reading skills - Adapted from the National Geographic School Bulletin - Appropriate for ages 6-15.

RAINDROP: A COLLECTION OF ENTERTAINING STORIES FOR YOUNG PEOPLE, A.G. Bell Association for the Deaf, 3417 Volta Place NW, Washington, D.C. 20007, $5.00
A compilation of over 100 classic stories written in very simple language - For 10 years and older.

Look for book and record combinations - Helps the non-reader feel like he is reading and exposes him to the written word without making him feel uncomfortable.

HOSPITAL BOOKS

WHAT HAPPENS WHEN YOU GO TO THE HOSPITAL by Arthur Shay, Reilly & Lee, Chicago, Illinois, 1969
A sensitive book filled with fact and feeling - excellent photographs. Appropriate for 2-8 functional level.

JEFF'S HOSPITAL BOOK by H. L. Sobol, Henry Walck, Inc., N. Y., 1975, $6.95
Picture book; text on primary level; useful for child who will be facing this situation - Jeff has eye surgery, but emphasis is on the hospital experience in general.

CURIOUS GEORGE GOES TO THE HOSPITAL by H. E. Rey.

PARENT TRAINING COURSES AND WORKSHOPS

Courses in parenting are a new and welcome field on the horizon. Look to local community colleges, adult education courses in high schools and college extension courses for offerings in this area.

Specialized courses for parents of children who are handicapped are, at the present time, most frequently found as a component of a pre-school program, or as a complementary section to a recreational program for older children.

This listing of Parent Training Courses includes model programs from many areas of the country. If a program is of interest to you, work on establishing it in your community.

PARENT EFFECTIVENESS TRAINING COURSES

A training program for parents to teach them skills for raising responsible children; includes active listening-building communication and problem solving techniques between parents and children. For information on a P.E.T. course near you, write to:

Effectiveness Training Associates
110 S. Euclid Avenue
Pasadena, California 91101

TEACHING YOUR CHILD TO TALK

A preventative program for speech and language development - geared to ages 0-5. WORKSHOP, 3 - 2 hour sessions. Slides, tapes, presenters manual, parents handbook. Information and program available through the State Department of Education and Cultural Services, Augusta, Maine, Mr. Richard Duncan - but would be sponsored and run by a local speech clinician or therapist through a local school system.

CLARKE SCHOOL FOR THE DEAF

Northampton, Massachusetts 01060
(413) 584-3450
Contact Person - Arthur Boothroyd

Deaf children, 0-2 years and 3-4 years. Parents are given guidance and instruction in how to provide experiences and language to enrich their child's environment.

INSTRUCTIONAL MATERIALS WORKSHOP

Box 158 Old School House
Belmont, Massachusetts 02178
(617) 894-3600 xt 383

An ongoing workshop facility for parents and professionals (teachers, OT, PT, etc) who work and/or live with children who are MR, developmentally disabled or multiply handicapped. Also provide traveling workshops. Teaches a process; how to (1) observe the child, (2) assess his needs (motor, cognitive, social), (3) improvise solutions, (4) design and make or build materials, toys, furniture for child use. Meets individual needs.

BOSTON CENTER FOR BLIND CHILDREN, Massachusetts

Blind, blind and developmental disorders 0-3 years - A home teaching program.

A DEVELOPMENTAL PHYSICAL EDUCATION PROGRAM FOR CHILDREN WITH SPECIAL NEEDS IN CONJUNCTION WITH PARENT COUNSELING SEMINARS

Kelly Gymnasium
Bridgewater, Massachusetts
Contact Person - Dr. Joseph Huber, Clinic Director & Assistant Professor in Adapted Physical Education, Bridgewater State College.
(617) 697-8321

Nine (9) Saturday mornings, twice a year. Swimming and physical activities geared to each child's needs AND parent counseling and discussions.

A WORKSHOP FOR PARENTS OF SPECIAL NEEDS CHILDREN

Wheelock College
Boston, Massachusetts
Contact Person - Betty Fuchs, Assistant to the President
Wheelock College
200 The Riverway
Boston, Mass. 02215
(617) 734-5200

In collaboration with the McLean School Consultation and Training Program. Helps parents develop skills to become more effective collaborators with schools and with each other in order to gain improved services for their children.

RESPONSIVE PARENTING

A course in behavior modification techniques for parents. While this is a good practical course on the subject, it is not available to all residents of New Jersey - you must live in the area served.

Call Rutgers Mental Health Center (201) 564-4636 and ask for course in responsive parenting. Course is taught by Dr. Steven Gordon.

SYMPOSIUM - NEW JERSEY

A one day conference held each year in March at Rutgers University, New Brunswick, New Jersey. It is a collection of workshops and lectures which cover a wide range of learning problems and handicaps of children and youth. It brings together parents and professionals in various fields (medicine, education, psychology, social work, optometry, etc). Announcement available late January. Write to:

Symposium
Box 26
North Branch, N. J. 08876

SCRIP - NEW JERSEY

Statewide Computerized Resource Information Program. While this is a directory and not a program, it may serve as a model for other states. Detailed information can be found in the Bibliography for Parents under "Directories".

CHILD EVALUATION CENTER & CHILD DEVELOPMENT PROGRAM

Hunterdon Medical Center
Flemington, N. J.
(201) 782-2121 xt 391

All handicaps, 0-3 years. Home based and center based programs for parents and their handicapped children.

N. J. PILOT PROGRAM FOR THE PRE-SCHOOL CHILDREN - SERCH

The Center for Infancy & Early Childhood
Graduate School of Education
Rutgers University
10 Seminary Place
New Brunswick, N. J.
Director - Ms. Constance Fraze

PARENT ADVOCACY WORKSHOPS

N. J. ACLD
Convent Station, N. J.
(201) 539-4644

Held Spring and Fall of each year; two locations, Northern Conference, Saddlebrook, N. J., and Southern Conference, Cherry Hill, N. J.; for parents. Areas covered include (1) utilizing existing services (2) programs for children (3) advocacy in area of legislation and parents rights. Notice through the state office of ACLD and Family Focus newsletter.

PARENT "DO-IN" WORKSHOPS - geared to pre-school children of all disabilities.

SEIMC
N. Y. Board of Education
400 1st Avenue
New York, N. Y. 10010
(212) 684-0661
Contact Person - Wilease Leshmore

Teaches parents how to work with their children at home - uses SEIMC kits.

A PRE-SCHOOL PROJECT FOR BEHAVIORALLY DISTURBED CHILDREN

School for Contemporary Education
2912 King Street
Alexandria, Virginia 22303
Contact Person - Dr. David Williams

Parent Training - in effective ways of managing and enhancing the skills of their children. Includes teaching cooperation, independence, increased language skills and strengthened ability to play with toys.

LET'S GET READY FOR KINDERGARTEN

Mehlville School District
3120 Lemay Ferry Road
St. Louis, Missouri 63125
Contact Person - Gladine Liner, Director

Program takes children 6 months before entrance and does a pre-school screening. Those children who need it, get "LGRFK" program. Workshops and kits for parents to work with their children at home.

A PROGRAM FOR HANDICAPPED CHILDREN & THEIR FAMILIES IN TENNESSEE

For parents of handicapped - large and small group information, discussion, and problem solving. At the same time, handicapped and non-handicapped children in the family participate in a recreational program. University students in physical education and special education work with the children in a ratio of 2 or 3 to 1. Program is conducted by Department of Special Education and Rehabilitation at Memphis State University with Shelby County Board of Education; state funded.

Contact Person - Wallace Flint - Memphis State University
Charlene Delvach - " " "

THE CENTER FOR COMMUNITY ADJUSTMENT - Farmingdale, New York

Multiply handicapped (BI & ED) regional school, 14-21 year old boys and girls. Tuition provided by local school districts and state. A special education faculty. Parents are involved in conferences, some participation in program and learning and using behavioral techniques. Parents regarded as part of the team to help the child.

Contact People - Martin Feldman, Robert Byalick, Marian Preston Rosedale

NISONGER CENTER FOR MENTAL RETARDATION & DEVELOPMENTAL DISABILITIES
Ohio State University
Columbus Ohio
Contact Person - Christine O'Connell

A parent education program. Any handicapping condition in their child, 5 months - 20 years represented. Agenda formed after first meeting based on parents interests and concerns.

JOHN TRACY CLINIC CORRESPONDENCE COURSE
806 W. Adams Blvd.
Los Angeles, California 90007
(213) 748-5481

Twelve (12) lessons; pre-school deaf and hard of hearing. Areas covered: Vocabulaty building, auditory training, discipline, speech, and pre-school activities. Very helpful to parent and child. Write for further information.

CHAPEL HILL TRAINING OUTREACH PROJECT
Lincoln Center
Merritt Mill Road
Chapel Hill, North Carolina 27514
(919) 967-8295
Contact Person - Toby Klein - Training Coordinator

Young handicapped - This project uses various approaches in working with parents including home visits, counseling, self-instructional materials and group sessions. The project takes many forms and exists in a variety of locations. Write to the above address to find a program near you. Program includes 400 learning activities sheets which teachers share with parents who then work with their own child in reinforcing skills learned in program.

ALPHABET SOUP FOR PARENT AND CHILD

If you have a few minutes a day to have some fun with your child, here are a few ideas for enjoyable (and educational) ways to fill them. We hope that this will encourage you to devise your own activities that will enhance your child's development and your appreciation of him.

Apples, Oranges, Peppers and Cucumbers - When you come home from the market, take a few moments to categorize the groceries with your child. You can separate fruits from vegetables, jars from cans, and/or sort by size, color, shape, or any other form.

Biscuit refrigerator dough - Use as playdough, but put some aside to bake with dabs of jelly as a sweet wind-up for this activity. The dough for squeezing and rolling and feeling can be enhanced by using toothpicks, toy rolling pin, plastic cookie cutters, blunt knife.

Cardboard boxes and cartons - From large appliances or supermarket produce. Cut windows and a door for a house and crawl into it, or turn over and pretend it's a car or train to ride in, or, cut both ends and roll down a small hill while inside it.

Darken a room and have your child catch spot made by a flashlight. At first hold the light still on the wall - then, slowly move it around and have child keep up with it. (Try "hiding the spot" on the ceiling.)

Eggbeater in a sink or bowl of water: Add liquid detergent or soap flakes - whip up some fun! (It's not that easy - try it with your less favored hand) - Also, feel the bubbles - catch an armful!

Fingerpaint with pudding - Use instant, any appealing flavor - prepare as directed. "Paint" on the kitchen counter, in a serving tray or jelly-roll pan - have a finger lickin' good time!

Grocery shopping - "Choose a can of fruit for dinner," "Get a large box of cold cereal," "Find the Comet in a blue can," etc. You may need to be flexible in your order, but the learning experience for the child is worth it. For older children, usable product coupons become their very own shopping list. The child can meet you at the check-out counter when you're both done shopping!

Hide the music box - Any small musical toy can be used. The child hides his eyes or waits in another room while Mom hides the box (at first, in an easy-to-see spot) and winds it up. Child follows the sound to find it - you can switch roles and also increase difficulty of hiding place from on a chair in the living room to under the bed to inside a drawer.

Ice tongs, salad tongs, or tweezers can be the basis for a pick-up game. Place a variety of small objects on a table, tray, or floor. Take turns picking up each item and depositing it into a box or bowl without dropping it. Two - three tries per turn!

Jello and instant puddings are good first experiences in the kitchen involving pouring, measuring, stirring, refrigerating, and EATING - let the child do as much as possible by himself.

Keys and locks are exciting to work (great for fine motor control and coordination) - house door locks, bike locks, slide locks and hook and eye locks to mention a few. Put a surprise in a box and lock it. Give child several keys and a fun puzzle to solve!

Lunchtime - "I can do it myself Mom." ... spreading peanut butter and jelly to make a sandwich and slicing a banana with a blunt knife for dessert - especially if you top bananas with some Readi-Whip.

Mirror - Have a full length one in your child's room so he can help himself to develop his sense of self ... who he is, where his nose is, what's behind him!

Notes and phone calls - Ask friends and relatives to write simple notes (even a "picture" letter) and mail them to your child. Also ask them to call your child on the phone (suggest a topic he would be able to talk about) - keep it short and simple. You can help child follow through with responses. (Cut out a picture from a magazine and send it to Grandpa.)

Odds and ends - Buttons, noodles, toothpicks, cut-up paper towel rolls, fabric scraps, cotton balls, packaging material are all great for gluing on construction paper or heavy cardboard - Voila', a collage!

Picking up the toys at the end of the day. Give me something big; put away something yellow, put something with wheels in the box, put 3 blocks on the shelf --- reverse roles and have child give you directions.

Quarts, pints, cups - filling and pouring sand or water indoors or out - compare sizes, weights, textures.

Rice or beans can be used for pouring experiences from pitcher to cup before graduating to the pouring of liquids. Also, fill tupperware glasses with varying amounts of rice and cover each one. Experience heavy and light, full and empty.

Setting the table - Use paper place mats with simple diagram of knife, fork, spoon, and glass and have child place appropriately. Progress to counting out utensils and placing them, and on to setting the table on his own.

Tape a line or large square across your floor or on the sidewalk using wide masking tape - walk forward, backward, sideways, take giant steps or walk heel to toe - pretend to be a tightrope walker or rescue worker. Great as a first balance beam.

Used tires can be (1) a swing if hung from a large tree, (2) a round balance beam, when laid down, to walk on sideways or tightrope style, (3) a thing to jump into and out of, (4) a sandbox when laid on its side and filled with sand.

Various common household objects - (comb, feather, sandpaper, spoon, small ball, key, crayon, blunt scissors) can be put in a paperbag one at a time without child seeing - child puts his hand in and by feel tries to name the thing - next step describe the things by appearance or usage.

Wash day helper - Having your child sort the wash by color or item (socks, underwear, etc.) is both a help and a valuable experience for reading readiness and daily living.

X marks the spot - Tape 3 x's on the floor in different colors - child jumps on yellow, hops on red and crawls on blue.

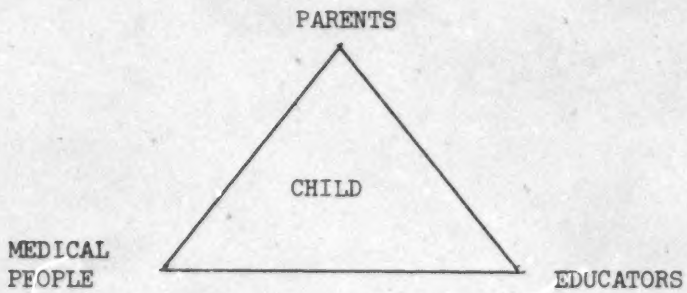
Yarn - Anchor colored yarn on a chair leg (indoors) or tree trunk (outdoors) - walk left with the blue yarn to the table (and tie it on) - walk right with the green yarn, etc. Also, tape strips of yarn to the refrigerator - have child tape or hold orange yarn up, black yarn down, etc.

Zoo trips - Offer the opportunity to do comparisons of same and different, and categorizing. Let's find an animal with a long tail, big mouth, short legs. Is it a bird, fish, animal? And don't forget to stimulate awareness of sense of smell!

FERRETING OUT FURTHER HELP: WHERE TO LOOK

1. Local School Systems - Department of Special Education or Special Services, school social workers or school psychologists.
2. State Department of Education - Division of Pupil Personnel Services, Special Education, or Education of the Handicapped.
3. Yellow Pages of your telephone book - Under organizations, colleges, hospitals.
4. Local "Y's" - For special recreational programs and courses in parenting.
5. Township Recreation Department
6. Mental Health Centers
7. Community Health Centers
8. Colleges and Universities - They may run model programs.
9. Head Start Programs in your community - They now must include handicapped children in their pre-school program.

It is hoped that you have used and will use this Guide to give you knowledge and guidance. When combined with your unique understanding of your child, it is hoped that you will have the confidence you will need to meet the challenge of helping your handicapped child to grow.



FORM A TEAM FOR YOUR CHILD AND MAKE YOURSELF PART OF IT!

APPENDIX

Abbreviations are used to designate the various handicaps and organizations referred to in this guide. The following is a list of these abbreviations and their meaning:

AH - Auditorily Handicapped

BD - Brain-damaged

CH - Communications Handicapped

CP - Cerebral Palsied (or cerebral palsy)

ED - Emotionally Disturbed

EMR - Educable Mentally Retarded

Epil - Epileptic (or epilepsy)

HOH - Hard of Hearing

LD - Learning Disabled

MBD - Minimal Brain Dysfunction

MR - Mentally Retarded

NI - Neurologically Impaired

OH - Orthopedically Handicapped

PI - Perceptually Impaired

VI - Visually Impaired

ACLD - Association for Children With Learning Disabilities

A G Bell - Alexander Graham Bell Association for the Deaf

ARC - Association for Retarded Citizens

EFA - Epilepsy Foundation of America

UCP - United Cerebral Palsy Association

USER FEEDBACK FORM

GUIDE TO RESOURCES
FOR
SEVERELY/PROFOUNDLY HANDICAPPED

NEALRC would appreciate your feedback to this guide. Please complete the form below and return to: NEALRC, 168 Bank Street, Hightstown, N. J. 08520

Please rate each section as to its effectiveness in providing you with pertinent information. Place check in the appropriate box.

	Excellent	Good	Fair	Poor
Organizations				
Model Programs/ Projects				
ERIC Microfiche Collections by State				
Parent/Professional Training Program				
Curriculum				
Instructional Materials				
Suggested Child Use Collection				
Bibliography/ Annotated Bibliography				

Suggestions and Comments: